

A VERY IMPORTANT ANNOUNCEMENT

(EMPLOYEE EDUCATIONAL MATERIAL)

TO ALL EMPLOYEES REGARDING INJURIES AND ILLNESSES OCCURRING ON THE JOB

Your employer has joined a Kentucky certified managed care plan for workers' compensation. Occupational Managed Care Alliance, Inc. (OMCA) is the certified plan Administrator. OMCA's purpose is to better control the medical care you receive when you are injured or ill as a result of a work-related incident.

This system requires that ALL CARE be delivered or authorized by an approved Gatekeeper. Therefore, in ALL CASES (with the exceptions listed below), you MUST use one of the Gatekeepers on the approved list for your treatment. (A Gatekeeper list is available from your supervisor, it also available at www.omca.biz) If your physician believes you need care from a specialist, he or she will authorize that care within the specialist panel.

KRS 25:110 Section 4. (6) (a)(b)(c)(d)

- (6) An employee may access providers who are not participating plan providers:
- (a) For emergency care as defined in Section 1 of this administrative regulation;
 - (b) If the employee is referred by a gatekeeper physician outside the managed care plan for medical services;
 - (c) If authorized treatment is unavailable through the managed care plan; or
 - (d) To obtain a second opinion if a managed care plan physician recommends surgery.

*If initial emergency care following a compensable injury is rendered by a medical provider outside the managed health care plan, the injured worker may remain under the care of that provider so long as the provider complies with utilization review, reporting standards, and quality assurance mechanisms prescribed by the employer's managed care plan.

*For those injuries or diseases for which continuing treatment was initiated prior to the date the managed care plan for the employer was approved, the employee may continue with its current treating physician.

Change of Physician Within the Network

If you are dissatisfied with your physician, you have the right to change to another physician WITHIN THE NETWORK one time without prior approval. Thereafter, approval must be made prior to any change (call 1-800-KYCOMP-1).

If you are currently being treated for a work-related injury, you may continue with your current physician. However, if you change the designation of your treating physician, your new provider choice and medical services will be limited to providers within the network. Call 1-800-KYCOMP-1 for information.

If you need information about what to do, where to go, or a Gatekeeper listing, call 1-800-KYCOMP-1, toll free, 24 hours a day, 7 days a week. Louisville area employees can call 499-6000.

If you are dissatisfied about some aspect of your medical care, please submit a completed Grievance Form to the address below.

Per 803 KAR 25.110 Section 10 (3) (b) Time frame to file grievance. The employee or provider shall file a grievance within thirty (30) days of the occurrence of the event giving rise to the dispute. (c) Resolution. The managed health care system shall render a written decision upon a grievance within thirty (30) days of receipt by the managed health care system of the grievance. Section 10 (5) Appeal.

(a) An employee or provider dissatisfied with the managed health care system's resolution of a grievance may apply for review by an administrative law judge by filing a request for resolution within thirty (30) days of the date of the system's final decision.

(b) Upon review by an administrative law judge the movant shall be required to prove that the system's final decision is unreasonable or otherwise fails to conform with KRS Chapter 342.

To receive a copy of a Grievance Form, please call 1-800-KYCOMP-1 or write: OCCUPATIONAL MANAGED CARE ALLIANCE, INC. (OMCA), P.O. Box 20908, Louisville, Kentucky 40250-0908.

I understand that my employer has joined a certified managed care plan for workers' compensation, and my signature below indicates that I have read and understand this explanation of that plan.

Employee Signature

Date